

# Get Wild About Work<sup>SM</sup>

## Planning for Passion in Your Career

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Passion Catalyst<sup>SM</sup>

**It's all about YOU!**

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[www.passioncatalyst.com](http://www.passioncatalyst.com)

## What you will learn:

- A new definition of passion.
- How passion can fuel your success.
- How to create a tool that will help you make sure your work energizes and engages you.
- How to use that tool to consciously bring passion into the picture.

# Three things to remember:

- It's all about you!
- *You* are your own best expert.
- You create your world by choice.

# What is passion?

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Passion = The energy  
that comes from bringing more  
of YOU into what you do.

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- Career benefits of passion:
  - Energizes you and fuels your success.
  - Increases your confidence.
  - Feeds your persistence.
- Other benefits
  - Less stress / better health.
  - Enhanced relationships.

# Yaxkin (yosh-keen)

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Internal compass

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Passion Core

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- What is your Passion Core?
  - Building blocks - underlying characteristics of the things you love doing

## **Sample Passion Core (Curt's)**

### **Exploration & Discovery**

- Stimulation of the new
- Change
- Choices
- Morphability
- Lack of the mundane

### **Social Good**

- Helping people
- Making a positive impact on individuals' lives
- Making the world a better place
- Creating a ripple effect of good energy
- Creating good karma

### **Ego**

- Feeling alive as the center of attention
- Being the expert - this is what I think/feel/see, etc.

### **Fun**

- Feeling of play
- Dancing outside the box

### **Authenticity**

- Express myself as I am - not wear a "professional mask"

### **Creating**

- Artistic
- Giving structure to chaos

### **Social interaction**

- Energy from the exchange
- Also relates to exploration & discovery

### **Balance**

- Time for rich non-work personal relationships and activities

- Passion building blocks
  - Ask what you love doing – and then ask, “WHY?”

(Example)

## Travel Photography

- Discovery – seeing things in a new way
  - Constant stimulation of the new
    - Short attention span – stimulation of “what’s next?”

**Now YOU try it!**

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# Putting your Passion Core to use

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- Putting your Passion Core to use
  - Sculpt & Scan
  - Share with your boss
  - Career pathing
  - Guiding employees

- What are your next steps? For example:
  - Teach one other person.
  - Continue self-exploration (ask what, then why).
  - Discuss today's ideas with others.
  - Every day – notice what you enjoy. Ask yourself why.
  - Ask others what they enjoy about their jobs and why.
  - Buy The Occupational Adventure Guide.
  - Work with Curt.
  - Something else?

# Bon Voyage!

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